# Course Title : Seminar in Current Advancement in Clinical/ Community Psychology

Course Code : PSY-920

Credit Hours : 3

Pre-requisite: Community/ Public Mental Health

#### **Course Description:**

1. The course will encompass the broad domain of clinical and community assessment and intervention research. The goal is to sharpen the scientist spirit in the student and develop an insight with regard to internal and ecological validity of the intervention programs.

## 2. Course Objectives:

- a. To enhance the spirit of scientific inquiry and develop an indigenous understanding of universal concepts.
- b. To raise pertinent question, identify gaps in the conceptualization of an issue and forward new perspective.
- c. To increase knowledge and skills in assessment and intervention for various. Psychological problems faced by individual and community.

#### 3. Learning Outcomes:

- a. Student will demonstrate critical insight about the current debates in Clinical / Community Psychology through presentations and reports.
- b. Be able to plan and execute intervention plan in accordance with the need of individual/ community.

### 4. Course Content:

- a. Advancement in empirical approaches to assessment and intervention for psychological problems.
- b. Culture, Illness and Intervention
- c. Evidence Based Preventive intervention
- d. Crisis intervention
- e. The Role of Social-Psychological Factors in Aetiology and Management of Mental Health Issues
- f. Mental Health Service Structure in Pakistan
- g. The Global Mental Health: A macro perspective on Mental Health issues

#### **Suggested Readings:**

- 1. Conte, C. (2009). Advanced Techniques for Counseling and Psychotherapy. Springer Publishing Company.
- 2. <u>Dulmus</u> C.N., <u>Rapp-Paglicci</u>. L.A. (2005). Handbook of Preventive Interventions for Adults. Wiley, edition 1.
- Roysircar, G., Arrendondo, P., Jairo N., Fuertes, Ponterotto, J.G., Rebecca L. Toporek, R.L. Parham. T.A. (2003). Multicultural Counseling Competencies 2003: Association for Multicultural Counseling and Development.
- 4. Rapp-Paglicci, L.A. Dulmus, C.A., Wodarski. J.S. (2004). Handbook of Preventive Interventions for Children and Adolescents. Wiley.
- 5. <u>Ja</u>ckson-Cherry, L.R., Erford, T.B. (2009). Crisis Intervention and Prevention. Pearson.